

MEMORANDUM

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani
Bill Bagdon

DATE: July 30, 1999

RE: Practice Patterns in Community Rehabilitation and Treatment Programs

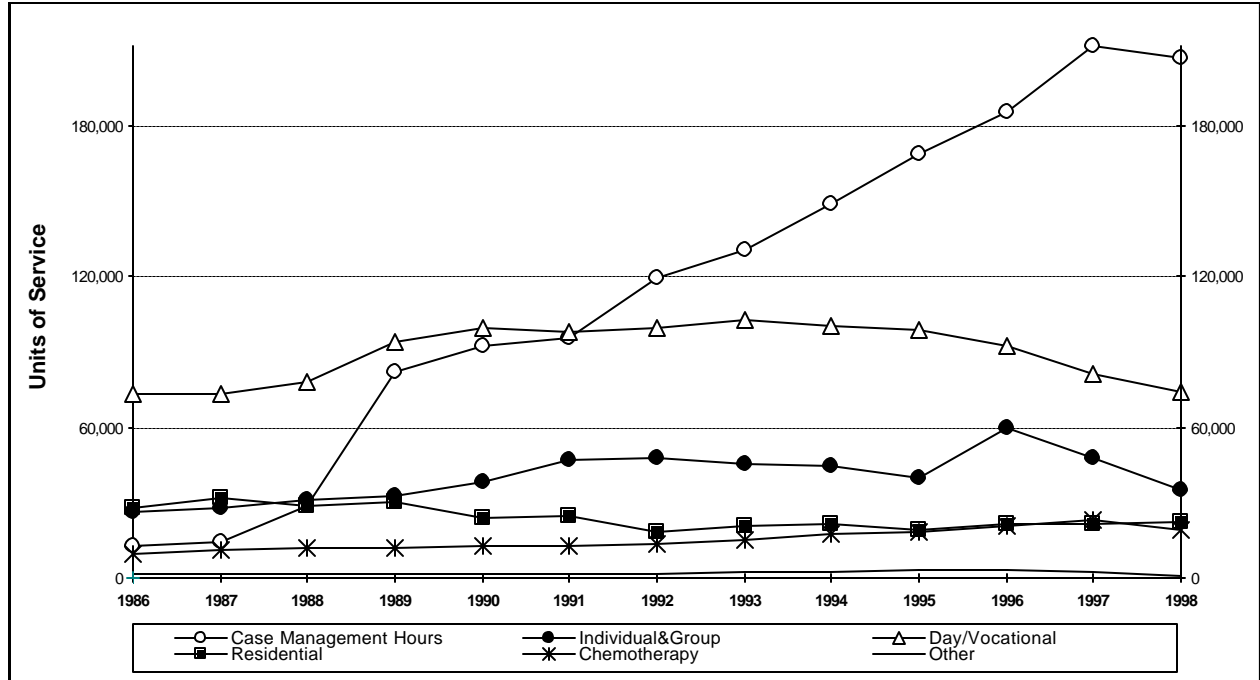
This week's PIP is the third in our series on treatment practice patterns in community mental health programs in Vermont. This week's tables and graphs, which focus on Community Rehabilitation and Treatment (CRT) Programs, provide both historical and cross-sectional overviews of the type and amount of service reported by CRT programs in Vermont. In order to be eligible for CRT services, an individual must be over 18 years of age, have a diagnosis indicating a severe and persistent mental illness, have a history of hospitalization or community alternative, need support to live in the community, and have acute or residual symptoms.

As in Children's Services Programs, case management has become the dominant treatment modality in CRT programs over the past decade. By comparison, the volume of service in other modalities has remained relatively constant throughout this period.

As was the case with the Children's and Adult Outpatient programs, there were substantial differences in the rate at which services in different treatment modalities were provided to clients of different regional CRT programs. Case management services, for instance, accounted for more than 70% of all services provided by CRT programs in Addison County and the Northeast Kingdom. Case management services accounted for only 35% of all services provided by CRT programs in Bennington and Rutland Counties. Day and vocational services, on the other hand, accounted for more than 40% of all CRT services at Rutland and Bennington, but accounted for less than 20% at Northeast, Orange, and Southeast (7%, 11%, and 19% respectively).

We look forward to your responses to the two questions about practice patterns data that we raised earlier this month: "Do these data provide a complete and accurate picture of the activities of CRT Programs in Vermont?" and "Do the observed patterns conform to our values and expectations regarding the appropriate care of people with severe and persistent mental illnesses?" If you send you comments to jpandiani@ddmhs.state.vt.us or call 802-241-2638, we will share them with others who receive this weekly report.

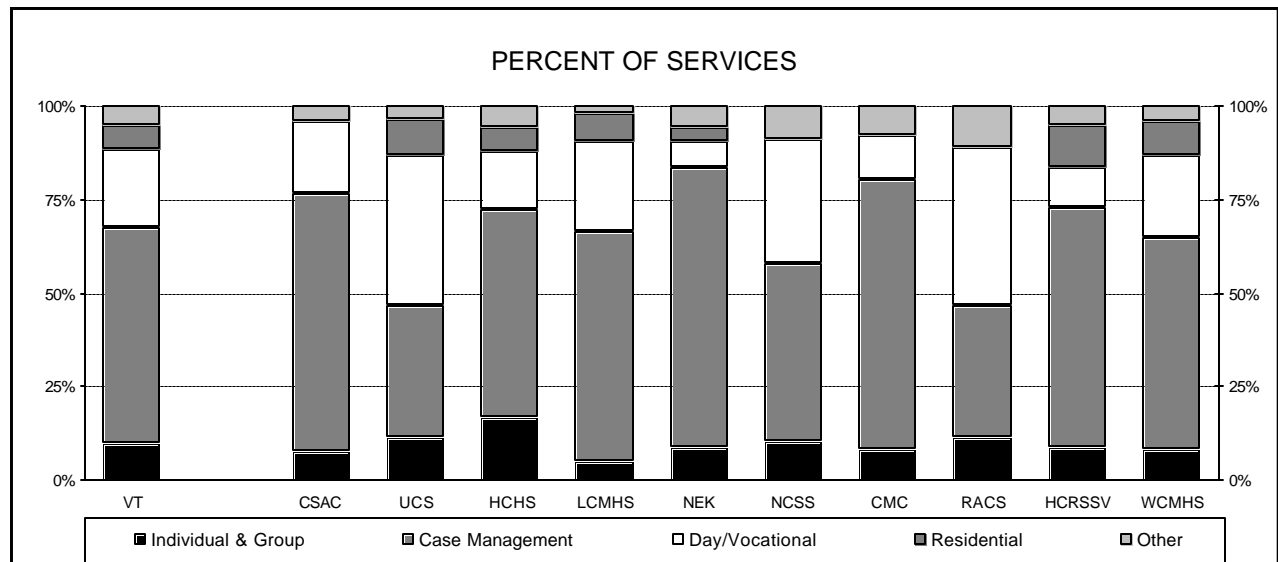
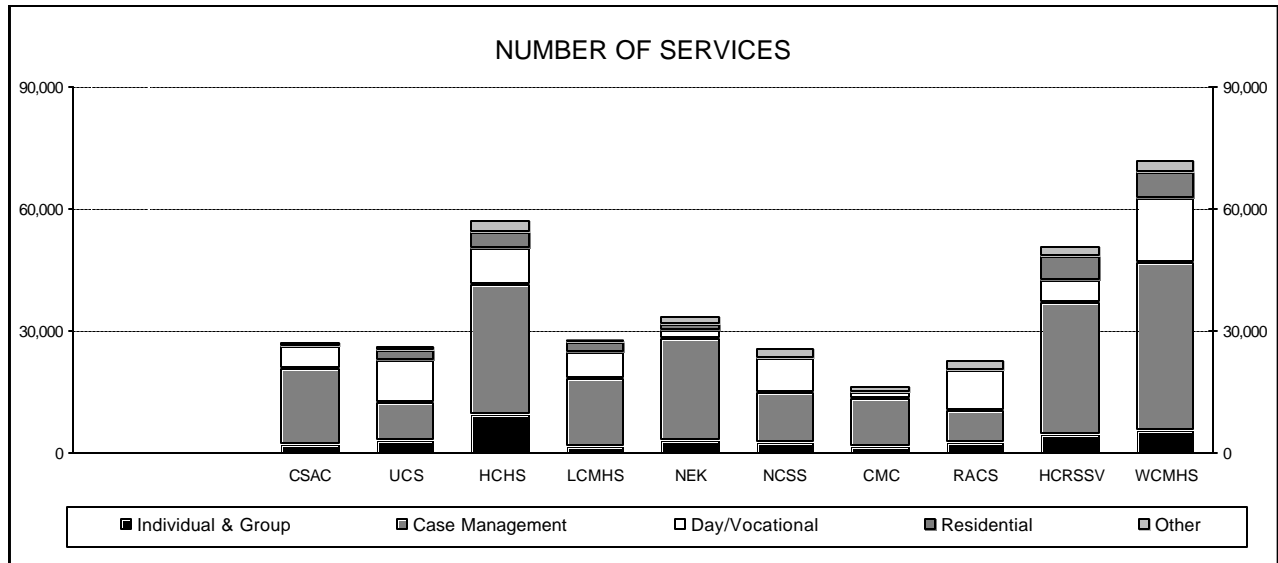
COMMUNITY REHABILITATION AND TREATMENT PROGRAMS SERVICES PROVIDED, FY1986 - FY1998



Fiscal Year	Case Management	Individual & Group Treatment Hours			Day/Vocational Visits			Residential Days	Chemotherapy Visits	Other Service Hours	Total
		Individual	Group	Total	Day	Vocational	Total				
1998	207,331	29,502	5,600	35,103	57,298	17,095	74,393	22,207	19,214	448	358,696
1997	211,811	43,155	4,957	48,112	62,927	18,339	81,266	21,314	22,991	2,629	388,123
1996	185,512	51,507	7,909	59,416	73,991	18,480	92,471	21,156	20,965	2,841	382,360
1995	168,657	31,705	8,220	39,925	77,600	21,374	98,974	19,502	18,615	3,100	348,772
1994	148,779	35,953	8,327	44,279	78,586	21,619	100,205	21,498	17,175	2,428	334,364
1993	130,455	34,870	10,601	45,471	77,231	25,837	103,068	20,790	14,852	2,143	316,778
1992	119,824	37,045	11,106	48,151	75,830	23,869	99,699	18,526	13,941	1,539	301,679
1991	95,933	38,816	7,898	46,714	74,896	23,226	98,122	24,511	12,993	1,472	279,745
1990	92,518	31,694	6,574	38,269	72,142	27,482	99,624	23,733	13,139	1,913	269,196
1989	82,249	27,118	5,320	32,438	74,274	19,417	93,691	30,048	12,148	1,619	252,192
1988	28,904	24,364	6,806	31,170	67,822	10,215	78,037	29,057	11,967	1,473	180,608
1987	14,019	22,611	5,092	27,703	67,176	6,356	73,532	31,530	11,085	1,328	159,197
1986	12,542	22,547	3,631	26,178	70,678	2,600	73,278	27,508	9,894	1,398	150,798

Information is based on quarterly service reports submitted by Vermont's community service providers. "Other Services" include , consultation & education hours, and emergency care hours.

COMMUNITY REHABILITATION AND TREATMENT PROGRAMS SERVICES PROVIDED, FY1998



Region/Provider	Individual & Group Treatment Hours		Case Management/Special Rehabilitation Hours		Day/Vocational Visits		Residential Days		Other Services		Total
	#	%	#	%	#	%	#	%	#	%	
Addison - CSAC	2,064	8%	18,732	69%	5,200	19%	0	--	1,212	4%	27,208
Bennington - UCS	2,896	11%	9,281	35%	10,630	40%	2,491	9%	978	4%	26,276
Chittenden - HCHS	9,341	16%	31,979	56%	8,699	15%	3,891	7%	3,279	6%	57,189
Lamoille - LCMHS	1,349	5%	16,848	62%	6,562	24%	2,090	8%	522	2%	27,371
Northeast - NEK	2,917	9%	25,025	75%	2,220	7%	1,356	4%	1,913	6%	33,430
Northwest - NCSS	2,651	10%	12,045	47%	8,488	33%	0	--	2,277	9%	25,461
Orange - CMC	1,307	8%	11,748	72%	1,861	11%	0	--	1,338	8%	16,254
Rutland - RACS	2,592	11%	7,961	35%	9,692	43%	0	--	2,521	11%	22,766
Southeast - HCRSSV	4,375	9%	32,672	64%	5,306	10%	5,761	11%	2,682	5%	50,796
Washington - WCMHS	5,612	8%	41,042	57%	15,735	22%	6,526	9%	2,941	4%	71,855
Total	35,103	10%	207,331	58%	74,393	21%	22,115	6%	19,662	5%	358,604

Information is based on quarterly service reports submitted by Vermont's community service providers. "Other Services" include chemotherapy visits, consultation & education hours, and emergency care hours.